

*Happy
Summer*



JUNE 2017

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Chocolate Dipped Cupcake	2 Shrimp Scampi	Hours Mon. - Fri. 5:30 - 6:00 Sat. 6:00 - 5:00 Sun. Closed
You will Love our Homemade Ice Cream 	5 Tomato Bisque	6 Pesto Chicken Pasta Salad	7 Tuna Casserole	8 Peanut Butter Brownie Bar	9 Haddock Au Gratin	Don't Forget Every Friday we have our sidewalk BBQ. Stop by and grab a Hot Dog.
	12 Chicken & Rice Soup	13 Sunny Salad	14 Chicken Kabobs With Rice	15 Lemon Cupcake w/Blueberry Filling	16 Salmon Loaf Dinner	
18 Happy Father's Day!	19 Minestrone Soup	20 Nutty Brown Rice Salad	21 Scallop Potatoes w/Ham	22 White Chocolate TV Bar	23 Scallop Zucchini Pasta	
25 Remember to order your salads and rolls for the 4 th of July!	26 Strawberry Soup	27 Black Bean & Couscous Salad	28 Asparagus Cashew Rice Pilaf	29 Red White & Blue Surprise Cookie	30 Maple Salmon Dinner	

EVERY WEEK:

Available on these days or by special order on other days
Larger quantities available – Please ask for a price list!

MONDAY

Meatloaf	
Dinner.....	6.95
Small Pan (serves 2-3).....	7.95
Medium Pan (serves 5-6).....	14.95
White or Anadama Breads	

TUESDAY

Chicken Enchiladas.....	7.95
Quiche 8" pie.....	9.95
By the slice.....	3.95
Quiche Crabmeat.....	14.95
By the slice.....	4.50
White, French & Shredded Wheat Breads	

WEDNESDAY

Turkey Pie by the slice.....	4.25
8" inch pie.....	9.75
Dinner.....	8.50
All White Meat Chicken 8 inch Pie.....	11.50
Fruit Cup Special.....	3.50
White & Oatmeal Breads & Oatmeal Rolls	

THURSDAY

Lasagna single serving.....	5.95
Medium Pan (serves 3-5).....	17.95
Spaghetti & Meatball Specials.....	Ask us!
Spaghetti Dinner – Spaghetti w/Sauce, 2 Meatballs, Garden Salad, Roll & butter.....	7.25
Thursday Only Baked Meatball Sub.....	6.95
Garlic Sticks, Multi Grain, Lt Rye, White, Italian Breads	

FRIDAY

Crabmeat Roll.....	10.50
Baked Beans (pint).....	3.55
Chicken Enchiladas.....	7.95
White & Wheat Breads & Wheat Rolls	

Gluten Free, Sugar Free
& Spelt Products Available!



Salads

Pasta or Potato Salad or Cole Slaw... 1/2 Pint.....	2.25
Pasta or Potato Salad or Coleslaw... Pint.....	4.25
Hummus..... 1/2 Pint.....	4.00
Fresh Fruit Cup, 4oz.....	2.95
Fresh Fruit Cup, 8oz.....	3.75
Garden Salad Individual Serving.....	4.25
Greek, Chef, Chicken Caesar Salads Individual Serving.....	5.50
<i>Homemade Dressing: Light Caesar, French, Ranch, Oil & Vinegar</i>	
Add on:	
Extra Dressing.....	.50

Sandwiches

Meatloaf M/Tu/W.....	4.50
Ham, Egg, Tuna, or Turkey Salad.....	4.50
Sliced Turkey Breast.....	4.50
Sliced Ham.....	4.50
Sliced Roast Beef.....	4.50
BLT.....	4.50
<i>All sandwiches above can also be made as wraps..... 7.00</i>	
Club (Ham, Turkey, Bacon & Cheese).....	6.25
Salami & Ham Fireball.....	4.00
Baked Meatball Sub (Thursdays only).....	6.95
Hot Pastrami.....	4.95
Grilled Cheese.....	3.00
With Tuna.....	4.50
With Tomato & Sprouts.....	3.50
With Ham.....	4.50
Baked Bean (Friday & Saturday only).....	3.50
Peanut Butter & Jelly.....	3.00
Veggie Wrap.....	7.00
Veggie w/Avocado.....	4.50
Veggie w/ Hummus.....	4.50
<i>We have boxed lunches featuring these great home styles</i>	
<i>Sandwiches, fresh fruit, chips and a cookie!</i>	
Breakfast Sandwiches: Served all day long!	
Egg & Cheese on Bulkie, English Muffin or Biscuit... 2.50	
Add Bacon, Ham, Sausage & Veggies.....	3.50

Add on to sandwiches: Lettuce, Pickle, Cucumber, Tomato, Sprouts
Carrot, Green Pepper, Black Olives or Onion.....No Charge

Add on to any salad or sandwich:

<i>Avocado, Sliced Meat, Salad Filling, Garlic Hummus, Bacon or Sausage.....</i>	<i>Each 1.50</i>
<i>On Bagel or Spelt Bread.....</i>	<i>.50</i>
<i>On Focaccia or Gluten Free Bread.....</i>	<i>.75</i>
<i>On Croissant or Gluten Free Bulkie Roll.....</i>	<i>1.00</i>

Prices as of 5/17 and subject to change without notice

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