



## Breakfast Served All Day

### Breakfast Sandwiches 2.65

Egg and Cheese on a Homemade Biscuit, Bulkie, English Muffin, or White/Dark Bread

*Bagel +.75¢ or Croissant +\$1.25*

*Add Bacon, Sausage, or Ham for +\$1.25*

### Breakfast Burrito 6.75

Double the Egg, Cheese, and Meat of a regular breakfast sandwich all wrapped up in one of our 5 choices of wraps.

Add Salsa for +.75¢

### 2 Egg Breakfast 6.25

2 Eggs cooked just how you like it with 2 slices of Toast, an English Muffin, or a Biscuit, 2 slices of Bacon or 2 Sausage links.

### French Toast Breakfast 6.25

2 slices of French toast made with our homemade white or daily dark bread.

Served with 2 slices of bacon or 2 sausage links.

\*Eating or consuming undercooked foods, such as eggs, may increase your risk for food borne illnesses

# SANDWICHES

All sandwiches come on your choice of:

White, Pumpernickel, Light Rye, Bulkie Roll, Biscuit, English Muffin or

## Dark Bread of the Day

**Monday** – Anadama; **Tuesday** – Shredded Wheat; **Wednesday** – Oatmeal; **Thursday** – Multi Grain; **Friday** – Wheat

**Specialty Breads-** Spelt, or Bagel- **+.75¢**, Gluten Free Bread or Focaccia - **+\$1.00**

Croissant or Gluten Free Bulkie Roll – **+\$1.25**

*Ask for it toasted!*

## Build your own Sandwich 4.50 / Wrap 7.25

### Breads

White, Daily Dark, Pumpernickel, Light Rye, English Muffin, Biscuit, or Bulkie Roll

### Wraps

White, Wheat, Spinach, Sun Dried Tomato, Garlic and Herb

### Meats or Salads

Sliced Meats: Hickory Smoked Ham, Oven Roasted Turkey Breast, & Roast Beef

Salads: Turkey, Egg, Tuna, & Ham

### Cheeses

Cheddar, American, Provolone, Swiss or Feta

### Veggies

Lettuce, Tomato, Celery, Cucumber, Shredded Carrots, Green Peppers, Red Onions, Black Olives, Pickle Chips,

Sprouts, Sauerkraut, & Banana Peppers

Avocado +\$1.75

### Condiments

Mayonnaise, Mustard (Yellow, Dijon, Spicy, & Honey), Horseradish, Ketchup, Balsamic Vinegar, Olive Oil,

Todd's Salsa +.75¢, Cranberry Sauce +.75¢

### House Made Condiments

Basil Pesto, Thousand Island Dressing, Chipotle Mayo.

Garlic Hummus +\$1.75

### Extras

Sliced Meat, Salad Filling, Hummus, Avocado, Bacon or Sausage

+\$1.75 each.

## Specialty Sandwiches and Salads on the back...

## Garden Salads

### **Garden Salad 4.50**

A Freshly made salad with chopped Romaine and Green Leaf Lettuce. Topped with Celery, Shredded Carrots, Cucumbers, Cherry Tomatoes, and Sprouts.

### **Chef Salad 5.75**

Our classic Garden Salad topped with Sliced Turkey, Baked Ham, Swiss and Cheddar Cheese, Boiled Eggs and Black Olives.

### **Chicken Caesar Penne 5.75**

Chopped Romaine Hearts with hearty chunks of our signature seasoned Chicken Tenders. Topped with Penne Pasta, Cherry Tomatoes, Feta and Shredded Parmesan Cheese

### **Greek Salad 5.75**

Mixed Greens, Carrots, Cucumber, Cherry Tomatoes, Feta Cheese, Kalamata Olives, Pepperoncini, and Spices

### **Dressings Made from Scratch**

Buttermilk Ranch, French, Lemon Poppy Seed, Italian, Balsamic Vinaigrette, Thousand Island

### **Other Dressings available**

Blue Cheese, Raspberry Vinaigrette, and Light Caesar also available

Extra Dressing +55¢

**Gluten Free Options  
Available**

## Specialty Sandwiches

### **Veggie Sandwich 4.50**

Your choice of veggies on our Homemade Bread. Comes with Hummus or Avocado

### **Club Sandwich 6.75**

Sliced Turkey, Baked Ham, and Bacon layered between 3 slices of homemade bread. Comes with Lettuce, Tomato and Cheese.

### **Club Wrap 7.50**

A wrapped up version of the Club, your choice of Wrap

### **B.L.T. 4.75**

Bacon, Lettuce and Tomato served on your choice of Homemade Bread

### **Baked Meatball Sub 7.25**

Franks Famous Meatballs with Marinara Sauce served on a Freshly Baked Sub Roll, topped with Provolone Cheese, baked to perfection. *(Thursdays Only)*

### **Meatloaf Sandwich 4.75**

Our Homemade Meatloaf sliced thick and put atop your choice of our Homemade Bread. *(Monday-Wednesday Only)*

**Ask us about our box  
lunches**

### **Grilled Cheese 3.25**

Your choice of Cheese and Homemade Bread grilled just the way you like it.

Add Tomato & Sprouts +.75¢

Add Tuna Salad, Bacon, or Ham +\$1.75

### **Homemade Veggie Burger 5.25**

Handmade Burger made from sautéed veggies, beans, oats and seasonings. (Served on a Homemade Bulkie Roll) with Lettuce, Tomato, and Chipotle Mayo. (Gluten Free)

### **Baked Bean Sandwich 3.75**

Frank's Baked Beans piled on top of your choice of Homemade Bread topped with Coleslaw. (Fridays and Saturdays Only)

### **Peanut Butter and Jelly 3.25**

A classic American Sandwich, the name says it all!

### **Hot Pastrami Reuben 5.25**

Thinly sliced Black Pastrami grilled with Swiss Cheese, Sauerkraut and Thousand Island Dressing sandwiched between our homemade Light Rye or Pumpernickel bread

### **Italian Fireball 4.25**

Sliced Ham or Salami topped with Green Peppers, Onions, Tomato, Red Pepper and Oil served on a homemade Bulkie Roll.

### **Add On**

Sliced Meat, Salad Filling, Hummus, Avocado, Bacon or Sausage  
+\$1.75 each.

07/17 Prices subject to change without notice